



# High School Coffee Cart Guidelines



The Healthy, Hunger-Free Kids Act of 2010 established new “Smart Snack” rules to promote healthier eating on school campuses. This rule does apply to high school coffee carts. Caffeinated beverages are only allowed in high schools. In an effort to help coffee carts comply, the following guidelines have been developed.

## **Allowable Items under the Smart Snack/Beverage Rules:**

- ~Beverage size cannot exceed 12 ounces
- ~Skim, 1%, or unflavored soy milk may be used
- ~Tea, black coffee & Americano with cream & sugar may be served
- ~Latte made with skim milk and no more than 1 oz flavor/syrup or 2 Tablespoons of flavored powder (Chocolate or White)
- ~Latte made with 1% milk must use Sugar Free flavor or powder only
- ~Chai latte (4 oz concentrate plus 7 oz skim milk or 2 Tablespoons powder plus 10 oz skim milk)
- ~Italian soda or Cremosa must use Sugar Free flavor only
- ~Smoothie Drink with first ingredient 100% fruit juice or fruit puree and no more than 200 calories per serving up to 12 ounces

## **Items that don't meet Smart Snack/Beverage Rules:**

Apple Cider packets, Granitas, Big Train Blended Ice

Smart Snack Calculator is a web site by Alliance for a Healthier Generation that can assist in determining if an item is acceptable by entering the nutrition facts label. It can be found at:

**[rdp.healthiergeneration.org/calc/calculator](http://rdp.healthiergeneration.org/calc/calculator)**



## Montana Team Nutrition Program

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